



Girls Spring Volleyball League Parent Information and Guide

About The PARC:

- The Perry Abernathy Recreation Center (The PARC) is a non-profit, Christian recreation center that is part of the Sugar Land First United Methodist Church.
- Although we are a faith-based recreation center, we welcome families of all different faiths, races, ethnicities, backgrounds and walks of life. Our mission at The PARC is to provide adult and youth recreational and childcare programs that promote the physical health and spiritual growth of all individuals that partake in our programs.
- At The PARC, the emphasis is not on wins and losses but the positive and spiritual development of the players. All coaches, parents and spectators involved with our programs should uphold a common vision to provide all players an environment focused on fun, friends and faith!

How You Can Volunteer:

- You can volunteer in a variety of ways at The PARC:
 - **Be a team parent.** Team parents assist with ordering socks and bows, leading the practice devotion, organizing the snack list, reminding teams of their game time and creating the team's gift basket for the SpringFest.
 - **Be an assistant coach.** Assistant coaches assist with executing drills during practices and warm-ups, retrieving volleyballs and providing support during game day.
 - **Help during game day.** Officials, line judges and score keepers are always needed. Each team is required to provide a volunteer during game day to assist with line judging or score keeping. Do your part to support the team and volunteer during the season!

Expected Behavior for Parents:

- ***This is a recreational league!*** The emphasis of our programs is on faith and fellowship, not on winning and losing. Promote these values during the practices and games by giving the players constant encouragement and recognizing their effort on the court. Volleyball requires skill to play, so be patient with the players as they slowly improve over the season!
- Respect the authority and position of the coaches. All of our coaches are volunteers, but understand the coaching needed for players at this age. Allow the coaches to coach without advice, communicate with them in a respectful manner and provide support when asked.
- Respect the calls and decisions made by the officials. We want to teach players how to conduct themselves not only off the court but also on the court. Therefore be mindful of your words and always show good sportsmanship.
- The PARC has a ZERO TOLERANCE POLICY for following behaviors: bullying, child abuse, inappropriate behaviors and/or violence towards participants, coaches, officials and parents. Any of these actions will result in being removed from the gym by a PARC staff member.

